

APPOINTMENTS

Appointments are important to ensure that there is enough time for a suitable evaluation and treatment.

It is therefore important to arrive on time for the appointment. In the case of new patients, arrival 10 minutes prior to the appointment time can ensure time for the necessary paperwork to be attended to.

Every effort will be made to keep waiting times to a minimum, however if extra time is needed for treatment to be successful, it will be taken.

If you cannot make your appointment or are going to be running late, please notify us as soon as it is convenient on 41 534333.

It is important to know as much about your problem as possible. Please discuss your problem with the staff so that we are fully aware of the situation and can deal with it appropriately.

Professional Advice is Always At Hand at no Obligation—Please Ask.

FEES

It is preferred that payment be made at the completion of each treatment, however alternative arrangements can be organised if this is not possible.

Our schedule of fees is as follows:

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|--|---------|
| Initial Consultation - Medibank Private | \$61.00 |
| Initial Consultation—Medical Benefits | \$60.50 |
| Initial Consultation—HBA | \$69.00 |
| Initial Consultation—Other Health Funds & Uninsured | \$60.00 |
| Initial Consultation—Uninsured Pensioners/HCC | \$55.00 |
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| Standard Consultation—Medibank Private | \$53.00 |
| Standard Consultation—Medical Benefits | \$52.00 |
| Standard Consultation—HBA | \$55.50 |
| Standard Consultation—Other Health Funds & Uninsured | \$55.00 |
| Standard Consultation—Uninsured Pensioners/HCC | \$50.00 |

SERVICES AVAILABLE AT BAROLIN PHYSIOTHERAPY ARE:

- Physiotherapy as detailed in this brochure
- Remedial Massage and Sports Massage Therapy
- Podiatry Services



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Providing Quality Physiotherapy and Podiatry Care to the Community

HISTORY

PHYSIOTHERAPY: A profession born during World War I as a result of a large number of soldiers requiring rehabilitation following the results of modern warfare.

Gunshots, grenades and gas replaced the cannon and sword to produce a new variety of injuries. With the advances in medicine, more soldiers were surviving the horrifying clashes and required specialist nurses to help them functionally return to civilian life.

As a result, these specialized nurses became more educated and knowledgeable about physical rehabilitation and so **Physiotherapy** became a profession.

Australian Physiotherapists undergo a four year full-time University course, combining a high level of theory with vigorous practical training designed to produce a highly qualified therapist, well equipped to hand all types of physical and neurological conditions.

ACTIVE PHYSIOTHERAPY CARE

The aim of our staff is to provide a pleasant, friendly environment solely designed for effective, active management of muscle, soft tissue and joint injuries.

Our surroundings and equipment are all new and designed specifically for the type of injuries and problems most commonly seen in this area. The treatment of these complaints is of the utmost importance and emphasis is on self-help and ongoing management.

Barolin Physiotherapy Services ensures that each patient has a detailed evaluation outlining the planned treatment and possible outcome before treatment is carried out.

The staff have a commitment to keeping up-to-date with the trends in treatment and management of all musculoskeletal disorders in order to provide the most effective treatment and management program.

REHABILITATION—WHAT IS IT?

Treatment of painful conditions and injuries often requiring more than just pain relief. Restoration of function in most important.

An injured ankle does not suddenly get better when the swelling goes down. It needs training and practice to function normally again.

Rehabilitation aims to reveal your full potential following an injury or illness. We have the facilities to offer rehabilitation for any physical impairment.

COMMITMENT

The staff at Barolin Physiotherapy Services are all committed to help you with management of your problems. We try to keep waiting times to a minimum. We are committed to organizing an appointment with 24—48 hours of the initial contact if required. Taxi transportation can be arranged if appropriate.

Treatment plans including choices and techniques will be discussed with you as part of your initial evaluation.

WHY PHYSIOTHERAPY SERVICES?

Barolin Physiotherapy Services can offer more than just a clinic visit. The staff has a specialist interest in rehabilitation. To this end, a variety of other services are available to assist in an active recovery.

- Motor Vehicle Accident rehabilitation
- Consultation to businesses on Back Care, Cumulative Trauma Disorders and Preventative Risk Management
- Work Site Visits
- WorkHab Functional Capacity Evaluations
- Case Management of Injured Workers
- Range of Services available through Work Cover
- Special Evaluation Services and Reports as required
- Medico-Legal Reports
- Acupuncture
- Pre-employment Evaluations
- Sports Injuries and rehabilitation
- Post-operative rehabilitation
- Musculoskeletal treatments
- Personal Training

GYM PROGRAM

Barolin Physiotherapy Services has a rehabilitation gym as part of our program. It can be used by people who require help to develop an exercise program and is available as part of an ongoing treatment and exercise program.

There are many people of all ages using the gym—the oldest to date is 84 years of age. A special program will be arranged and monitored. A remote heart rate monitor is available. A gym program can be available as part of the treatment program or as a separate program.

- For people who feel uncomfortable in an open gym
- For people who need close supervision due to health problems
- For people who are working on a rehabilitation program and need extra help before attending another gym or tackling sport again.
- Conditioning program in preparation of a return to work.